

**October is Domestic Violence Awareness Month**  
**#1Thing Can Make All the Difference**



*Domestic violence impacts millions of people each year, but it can be prevented. It requires the collective voice and power of individuals, families, institutions, and systems – each whose “one thing” adds a valuable and powerful component to transforming our communities.*

**“What is the #1Thing you can do to end domestic violence?”**

- Be a caring and consistent adult in the life of a child
- Talk to loved ones about violence and oppression
- Create a culture of consent in your home
- Use social media to raise awareness among your peers
- Reach out to your local domestic violence program to learn how you can help
- Listen to and validate a survivor of trauma
- Take the #1Thing Community Pledge to end domestic violence: <http://ow.ly/fbGT30IYERO> (link doesn't work need to save on Op Care)
- See more ideas at <http://ow.ly/FDXR30IYEFg>

This October join Operation Care as we mourn for those whose lives were taken by domestic violence, celebrate the tremendous progress victim advocates have made over the years, and connect with one another with a true sense of unity to end domestic violence.

**#1Thing unites our individual voices while highlighting the power of our collective action.**



*Tammie Crabtree*  
 Executive Director

**A Message from Our Executive Director**

October is Domestic Violence Awareness Month and now

more than ever the services we provide are essential. During the past several months, there have been many obstacles to overcome due to COVID19. As an agency, we have done our best to continue providing services to our community.

We are in unprecedented times and 2020 has tested our resiliency, individually and as a community. We have been faced with situations and dilemmas that allowed us to utilize every resource available locally, statewide and even nationwide. Our goal is to provide a safe place for clients to heal from abuse.

If you or someone you know is in an abusive relationship, encourage them to get help. Provide them with the resources they need to safely leave their abusive relationship.

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**OPERATION CARE BOARD OF DIRECTORS AND STAFF**

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**Vice President / Secretary**

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Luisa Almeida

Meg Newell

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Allis Bronken | Teen Advocate

Harlan Snooks | Custodian

Sharly Grandon | Care Closet Custodian

Operation Care advocates can help create a safety plan, file orders of protection and provide a safe, undisclosed location for a victim to begin the healing process.

We are not mandated reporters for domestic violence and all services we provide are confidential, free of charge and available for men, women and children. We are available 24/7 by calling our crisis line at 209-223-2600.

Every person has a right to live a peaceful life free of violence.

Sincerely,

*Tammie Crabtree*

Tammie Crabtree  
Executive Director

**#1 Thing**  
**Awareness**

**+ Action**

**=Social Change**

*October is  
Domestic Violence  
Awareness Month*



## SERVICES PROVIDED DURING COVID

**MARCH 1 - SEPT 30, 2020**

### RAPE CRISIS PROGRAM

New Clients 26	Crisis calls 21
Male -13	1:1 peer counseling sessions 5
Female -13	TRO Assistance 2
Ages	Financial Assistance 4
0-12 3	Law Enforcement Interviews 2
13-17 3	Sexual Assault Response Team 1
18-24 3	Transportation 2
25-59 5	
60+ 1	
Unk 12	

### DOMESTIC VIOLENCE PROGRAM

New clients 85	Crisis calls 177
M 8	1:1 peer counseling sessions 69
F 77	Shelter 11
Ages	TRO Assistance 16
0-12 10	LE interviews 8
13-17 0	Hospital 0
18-24 6	Transportation 23
25-59 37	Financial assistance 19
60+ 5	
Unk 27	

***If you are experiencing abuse in your relationship, Operation Care is here to help.***

**Any age, any relationship, any gender. Anyone.**

Our Domestic Violence / Sexual Assault advocates are always available by calling our

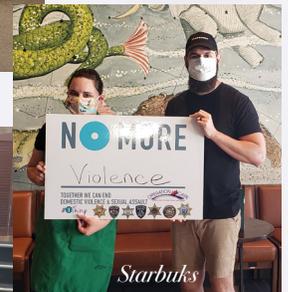
**24-hour crisis line**

**209-223-2600 or 1-800-675-3392**

# The #1 Thing

Amador County  
is saying to Domestic Violence=  
NO MORE!

Watch our Facebook page  
for more photos!



# Care Closet



Our Care Closet is full.  
If you or someone you know is in need of clothing,  
**please call (209) 223-2600**  
to schedule a time to meet someone.

*Clothing is free.*

## Volunteers Needed!

We are in need of  
volunteers  
for our care closet!

Volunteers will work  
independently to provide  
for social distancing.

Masks, gloves and sanitizers are available  
Call (209)223-2897 for details.



## Sutter Health Grants Aid Go! Youth Program

In February 2020, Operation Care received the Community Benefit Funding Grant from Sutter Health. This grant focused on serving underserved populations and addressing community health needs.

Funds from this grant allowed Operation Care to continue its Go! Youth Program and to help youth to learn about self esteem, hygiene, proper nutrition, and overall well being.

In collaboration with the Amador County Unified School District, Interfaith Food bank as well as the Sutter Health Grant, Operation Care provided 3,990 meals to our Go! Youth Program participants, and has driven over 12,463 miles to provide curbside delivery to our youth. We deliver breakfast, lunch, food boxes and hygiene kits weekly and are able to provide the youth with activity craft kits as well as activities from our Go! Youth Program Classes.

Thank You!



AMADOR COUNTY UNIFIED SCHOOL DISTRICT





District Attorney's Office & Victim Witness



District Attorney's Office & Victim Witness



District Attorney's Office & Victim Witness



District Attorney's Office & Victim Witness



Pregnancy Help Center



KVGC Radio

KVGC Radio

# Meet our Board of Directors

*Our board members tell us a little about themselves and their work with Operation Care.*

## Chris Wendland

President/Treasurer

I was born in Los Angeles, California during World War II at which time my father was serving as a paratrooper in the Army. My mother knew she could not take proper care of me and made the heart felt decision to adopt me out to a wonderful couple who raised me. Ten years ago I found out that I have a younger biological sister, what an amazing blessed event in my life. Now that I am retired after raising four children and devoting many hours to my 40 year career as an administrative manager for the State of California I am so very fortunate to enjoy many hours with my delightful seven grandchildren 12 great children and 1 great great grand child, so very blessed. I knew I had a need to give back to my community by joining various nonprofit organizations.

I have been a victim of domestic violence and sexual assault and a cancer survivor, so what better way than to join with all of my heart and soul those who provide amazing services to so many in our community. So that said this is what inspires me to do for those in need.

To quote Maya Angelou "I've learned that people will forget what you said people will forget what you did but people will never forget how you made them feel"

## Lori Jagoda

Vice President/Secretary

I am a semi-retired Public Health Nurse and have lived in Amador County since 1984. I was involved with Operation Care over 20 years ago when working at Amador County Public Health and they were a referral source for some of our Family Planning patients. During my nursing career, not only did I work as a PHN but as a Director of Nursing at WellSpace Health. I have been a member of the board since 2015 and currently am serving as the Vice-President. "I have always admired the work Operation Care has done for our community and am proud to be a part of this organization".

## Mel Welsh

I was born in Milwaukee Wisconsin and resided for many years in Madison after obtaining my BSN degree in Nursing. My husband Bob Hartmann and I met working for an HMO Clinic in Madison and after many freezing snowy winters, we moved to Pine Grove in 1988 for work and the weather.

Our daughter Hallie was born and raised here and moved to Milwaukee for nursing school and she is a Psychiatric RN and loves Wisconsin!

I retired as an RN in 2016 after 43 years. I loved nursing for the variety: home health, hospice, community education and a few other 'odd jobs'. I enjoy trail running, gardening, traveling, reading, music, and hanging with my husband.

I became acquainted with Operation Care shortly after moving here. I believe in the strength and power of women, social justice and advocating for those that may not have a voice. I was on the original Domestic Violence Council in the 1990's and helped write the Health Care Provider manual for Domestic Violence. The DVC is active today.

I joined the Board in 2019 after the multiple murder/suicides in Amador County and the need to support this organization and our community.

## Luisa Almeida

Born and raised in colonial Angola has imprinted in me the need to be vigilant and fight for social justice. As an RN, MPH, the realities of domestic violence and the prevalence of the abuse became visible even when some of victims were in denial and ashamed to admit the problem. Domestic violence is not unique to a socio economic group.

In Operation Care I have found the opportunity to, maybe, contribute to a cause I believe in.

Being the wife of a supportive partner, mother of two caring, productive and empathetic children and the grandmother to three grandchildren is a gift and a privilege!

## Meg Newell

Prior to moving to Jackson California in 2016, Meg Newell practiced law in Minnesota for over 25 years. Meg does non-profit consulting work, volunteer tutors through Amador College Connect and serves as a court appointed special advocate (CASA) for a foster child through the Amador Superior Court. Meg is honored to serve on the board of Operation Care with so many experienced public health advocates and experts actively addressing the harm caused by sexual assault and domestic violence.

## Brigid Hansen

I worked for the State for 30 years and retired in 2018 from the Department of Corrections and Rehabilitation. I volunteered for the El Dorado County Child Advocate program for 3 years, preparing cases and presenting to the court my assessment of the situation involving the child I was as Advocate for.

I volunteered for WEAVE in Sacramento County and went through the appropriate trainings for being a volunteer to participate in table events and then an additional training to move to the Sexual Advocate Response Team.

When I moved to Ione, I was out of the jurisdiction for WEAVE (Sacramento County) and applied to Operation Care to be a Board Member. This afforded me an opportunity to be part of a program that reaches out to the community and offers services in a multitude of arenas. Being on the Board means I get to participate and offer suggestions/recommendations on various aspects of the programs and in the growth of Operation Care. Being on the Board is a small part of being on a team of individuals who work hard to make this organization a success for Amador County.

## Jim Wilmarth

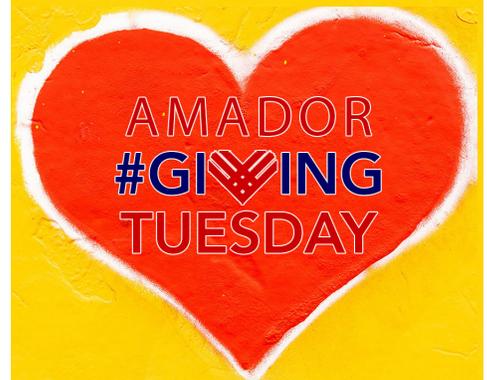
I have lived in Amador County for over 16 years. I moved here to work for Bank of Amador as Commercial Loan Officer. I am currently a Relationship Banker for Umpqua Bank in Sutter Creek with over 30 years in the banking industry. My wife of 13 Years is Jodi and we have Jackson a Black Lab mix rescue dog.

I maintain an active involvement in a few community service organizations. This is my second term as a board member of Operation Care with my first I served as Treasurer.

I am past president of Jackson Rotary and current board member. Past President of Excelsior Parlor of the Native Sons of the Golden West and currently a Trustee. Also, board member of ATCAA and Amador County Chamber of Commerce. For fun, I like to spend time with family going boating, fishing and traveling to ballgames whenever I can.



# Save the Date!



## December 1st 2020

<https://www.GiveAmador.org>

# All donations to Operation Care qualify for matching funds.



# Go! Youth update

This year, due to COVID19, youth in Amador County saw a change in how school was being presented to them. Our students had to start the school year at home, many without the proper school supplies, laptop or a workspace. Operation Care was able to help our Go Youth participants by offering utilization of chromebooks, purchasing desks for them and providing them with proper school supplies to start the school year off right. Below are some photos of some of our youths workspaces.



**OPERATION CARE**

## Domestic Violence Support Group

offered via **ZOOM** 

**Please call 209-223-2600 for details.**  
**MESSAGE US**  
**WWW.FACEBOOK.COM/OPERATIONCARE**  
**OR INSTAGRAM**





817 Court Street, Suite 12  
Jackson, CA, 95642  
209-223-2897

KEEP THIS BLANK FOR MAILING



## Community Pledge



The **#1Thing** Community Pledge is a call to action, an invitation, a voluntary choice and opportunity to affirm your commitment to end domestic violence. Taking the pledge says that you will help end domestic violence by pledging to do **#1Thing**.

### MY PLEDGE

I, \_\_\_\_\_, pledge to \_\_\_\_\_  
\_\_\_\_\_.

I understand doing/changing one thing can make a difference in my community and the movement to end domestic violence.

I will use my voice to stand against victim-blaming, discrimination, and violence to end the stigma towards victims and survivors.

I will listen to victims and survivors without judgment, and respect their choices.

I will share my **#1Thing** boldly and proudly, and often, to inspire others to make a commitment to action against domestic violence.

I will also encourage others to embrace their own **#1Thing** to support victims and survivors of domestic violence, and honor the advocates that work tirelessly to ensure the well-being of all survivors.

By living this pledge, I am joining with advocates across the country to end gender-based violence in my home and community.